

# After the Awakening: Welcoming a Surrender to Love

Dear friends and family,

So many people ask the question, "After an awakening experience, what is next?"

An awakening occurs when there is a direct and powerful experience of yourself as **separate** from the chattering mind and emotions. In that moment, there is an undeniable 'Knowing' that your true identity is the consciousness which **perceives** the mind and emotions. This is the first and vital step to the opening to a heart awakening, which I call a Radical Awakening.

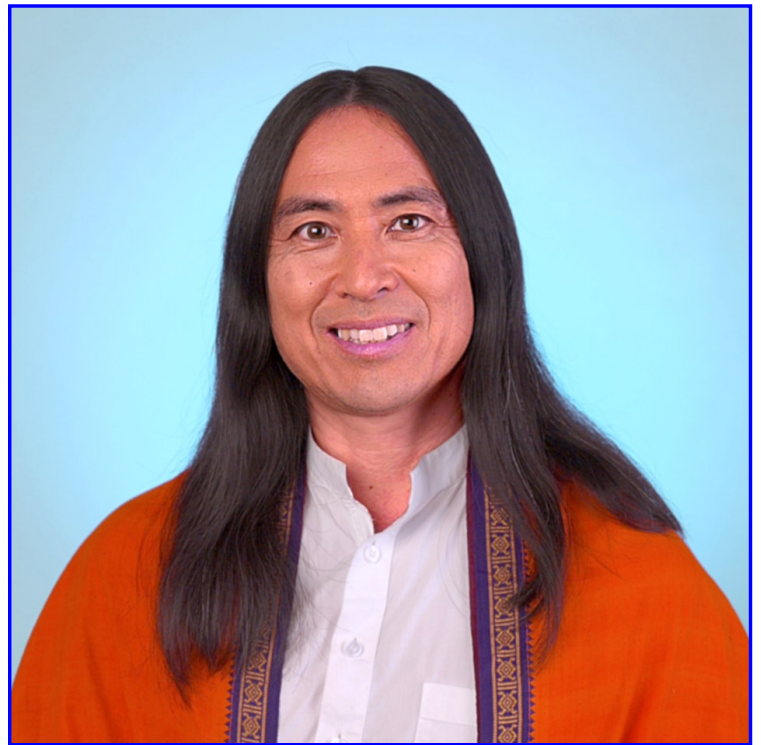
From that point on, consciousness 'checks in' to that Knowing, constantly reminding us of our true nature.

What is the key to a stable and constant 'checking in to Knowing'? I have found that it is only the surrender to the vulnerability which love brings that can stabilize that ever-deepening Knowing of ourselves as Heart.

What is the nature of this surrender, what is ourselves as Heart, how does this Knowing deepen naturally, and how does it guide us in our daily lives?

I invite you to join me in this exploration, where the infiniteness of consciousness merges with the frailty of our own human hearts.

In that surrender and love,  
Ramana



## Satsangs with Ramana

Monday, August 7, 7:00—9:00 pm

Wednesday, August 9, 7:00—9:00 pm (see **Arunachala Puja\***, Page 2)

Friday, August 11, 7:00—9:00 pm

Monday, August 14, 7:00—9:00 pm

Wednesday, August 16, 7:00—9:00 pm

Friday, August 18, 7:00—9:00 pm

### Where:

Interfaith Chapel @ the U of R River Campus  
Rochester, 320 Wilson Boulevard (off Elmwood Ave.)  
Commons Room, lower level - handicap access

**Satsangs & Puja: \$10 at door. 'Coming OM' E-ZPass: all 6 events above for \$35!**

**\*Definition of a Puja:** A puja is a traditional Indian sacred ceremony devoted to a God or Goddess, conducted at auspicious times. They are designed to deepen the Heart of Devotion, to put one in contact with the Truth of Being, and to have 'boons' (our prayers) answered. They are incredibly moving and life-changing, a favorite for people attending evenings. Please bring a flower as an offering to God/Goddess/All That Is.

## Three-Day Surrendering to Love Intensive

Enter the world of the Heart, the transmission of love and full Self-expression. These days will be an immersion into that transmission, with practical tools to live a life which reflects the purity of love in everyday life. There will be a focus on the surrendering to love, what that means and how it deepens and stabilizes the Knowing of who we are. Included will be meditations, exercises, one-on-one with Ramana, and group interactions.

### Attend one or all days:

**Day 1: Saturday, August 12, 10 am—6:00 pm**

**Day 2: Saturday, August 19, 10 am—6:00 pm**

**Day 3: Sunday, August 20, 10 am—6:00 pm**

## • Private Radical Awakening sessions available •

In a private Radical Awakening session with Ramana an awakening occurs spontaneously and naturally, without requiring a practice or effort of any kind. After the awakening, there is a continuous maturing into the sense of true Self, and the world is viewed from an expanded state of consciousness. This opens the space for a continued deepening into the Heart.



## Arunachala

Ancient mystic literature, such as the Arunachala Puranas, speak of the mountain in Southern India, Arunachala, as being the center of the universe and the Heart of Consciousness. This is a metaphor: it means Arunachala is a powerfully clear outward reflection of one's true inner self, which resides as love and pure consciousness in the heart of all beings.

For millennia Arunachala has been a magnet for fully-realized beings, to which they were irresistibly drawn and where they now remain forever present in spirit. Arunachala is thereby surrounded with the energy of scores of enlightened beings, creating a powerful 'field' around the mountain.



Ramana Maharshi

In modern times, Arunachala drew to it one of India's greatest saints, Sri Ramana Maharshi. He was sometimes called 'Arunachala Ramana', and was considered to be the son of the mountain. Sri Ramana stated that the message of the Heart resides in the 'silent transmission' and that Arunachala was 'the source of the transmission.' Soaking in Its transmission, Ramana himself became a transmitter of this message of love.

H.W.L. Poonja, affectionately called 'Papaji' by his loved ones, was a direct devotee of Arunachala and Ramana Maharshi, and found his own realization within the 'silent transmission.' Absorbed in this transmission, Papaji also became a 'carrier' of this transmission of love and consciousness.



Papaji

Yukio Hasegawa was a direct devotee of Papaji. When Papaji was confident that Yukio 'carried the transmission,' he graced him by changing his name to 'Ramana' and encouraged him to take the message of love and consciousness to Westerners. Ramana has combined his decades of experience as a Transpersonal therapist with ancient Eastern teachings to reliably lead people into a stable and deep shift in consciousness he calls "Radical Awakening and the Opening to Heart Consciousness."

## Pilgrimage to India

The Apex of what Ramana has to offer is his yearly 21-day pilgrimage to Arunachala. Every possible detail is handled for you, allowing you full time for absorption into Silent Transmission. Included are satsangs, private sessions with Ramana, and most importantly, being shown the magic and secrets of Arunachala. Prices are very reasonable. Our 2007 pilgrimage starts January 25, and concludes February 15. Spaces are limited, and the pilgrimage sometimes fills very quickly, so early registration is recommended. For further information, go to [www.radicalawakening.org/arunachala](http://www.radicalawakening.org/arunachala)



## ARUNACHALA FULL MOON PUJA

*Please join us for a special puja (a Hindu sacred ceremony) for the holy mountain of Arunachala, considered by many southern Indians to be one of the holiest and most powerful places on earth. It is said in the ancient Vedic texts that to speak of Arunachala purifies the tongue, to hear of it purifies the ear, to see it clears past life karmas. It is where Ramana Maharshi and hundreds of other fully realized beings were magnetically drawn to stay. On this specific, auspicious evening, we will be joining 500,000 people who will be circumambulating Arunachala in India.*

*Arunachala is considered to be the 'kalpataru,' or wish-fulfilling tree: you just sit underneath it, pray devoutly with an open heart, and immediately that prayer is fulfilled, with no gap between desire and its fulfillment. In this special puja we will tune in to the mountain's powerful and silent transmission, as well as bring our wishes and prayers to be granted. This puja elicits a powerful sense of peace, well-being, devotion and fullness.*

*In it is a powerful coming home to Heart.*

**When: Wednesday, August 9, 7:00–9:00 pm**

**Where: Interfaith Chapel @ the U of R River Campus Rochester, 320 Wilson Boulevard (off Elmwood Ave.)**

**Donation at door: \$10.00**

For **more information** about private sessions, pujas, or satsang evenings:

phone **Paulette** at (585) 621-6313 or email [inforochester@radicalawakening.org](mailto:inforochester@radicalawakening.org)

To find out more about Ramana, Radical Awakening, and next year's Pilgrimage to India and the holy mountain of Arunachala, please visit our web site: [www.radicalawakening.org](http://www.radicalawakening.org)

### Prices:

Private 1½-hour Radical Awakening sessions with Ramana: \$100. Follow-up 1 hour private sessions (includes previous visits): \$80. 3-Day Surrendering to Love Intensive: one day \$125; two days \$200; all three days \$250.

Visa/Mastercard Accepted.

## Special Discounts

In an effort to make this work available for those whose priority is to deepen and stabilize the awakened state and Heart Consciousness in a concentrated period of time—but on a limited budget—Ramana offers these **Combination Discounts**: 'Coming OM' E-ZPass: all evening and puja events: \$35! (must be purchased in advance). Private session + one day of Intensive: \$200. Private session + any two days of Intensive: \$250; The Everything Package: 3-Day Surrendering to Love Intensive + private session with Ramana + 'Coming Om' EZPass: only \$325!!! Half-price work scholarships for 3-Day Surrendering to Love Intensive (only) on first come, first served basis. Scholarships cannot be combined with combination discounts.